SAPOGENIN STRUCTURE: ANALYSIS OF THE ¹³C- AND ¹H-NMR SPECTRA OF SOYASAPOGENOL B

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ABSTRACT.—The ¹³C- and ¹H-nmr spectra of soyasapogenol B [2] have been assigned using ¹³C DEPT, ¹³C APT, ¹H-¹³C COSY, ¹H-¹H COSY, and ¹H-¹H ROESY techniques. This sapogenin has been shown to be a principal triterpenoid aglycone in seeds of *Medicago sativa* (alfalfa) and *Pisum sativa* (pea).

The physiological properties of triterpenoid saponins in vegetable foodstocks are of significant medical and agricultural importance (1-3). While it is generally recognized that the biological effects of these compounds are linked to the substitution and configurations of the aglycone components, relatively little is known of the relationships between aglycone structure and biological activity (1-3). One particular point of confusion in the earlier literature on the structures of sapogenols has been the configuration of C-4 hydroxymethyl substituents in olean-12-ene triterpenoids isolated from different plant sources (4). The structures of soyasapogenols A [1], B [2], C [3], and E [4], isolated from soya (*Glycine max*) have recently been revised on the basis of the X-ray crystallography of the triacetate of 2 and shown to be hydroxylated at C-24 rather than C-23 (5). More recently, compounds suggested to be 1-4 have been identified in the sapogenol hydrolysate of alfalfa (*Medicago sativa*), a plant source which also produces the C-23 oxygenated aglycones, medicagenic acid [5], hederagenin [6], and bayogenin [7] (6). However, no attempt was made to assign the oxygen substitution to C-23 or C-24.

Certainly the unambiguous assignment of the configuration of C-4 hydroxymethyl substituents of olean-12-enes and related triterpenoid alcohols is complicated by similarities in both nmr and mass spectral characteristics. While numerous studies on the assignment of ¹³C resonances by correlation of chemical shifts between closely related compounds and by single resonance ¹H-¹³C decoupling experiments have been reported (7–12), neither complete ¹³C-¹H correlations nor ¹H assignments are available. The increasing sophistication and dispersion of modern nmr spectrometers now permits detailed analysis of the ¹³C and ¹H spectra of these molecules.





5 $R_1 = OH, R_2 = CO_2H$ 6 $R_1 = H, R_2 = CH_2OH$

7 $R_1 = OH, R_2 = CH_2OH$

RESULTS AND DISCUSSION

In this paper we describe the application of both single dimensional and two dimensional ¹³C-¹H correlation techniques to assign the ¹³C and ¹H resonances of **2** isolated from *Medicago sativa* seeds. Homonuclear 2D nmr methods have been used to identify both the principal ¹H-¹H couplings and through-space interactions, allowing unambiguous assignment of the ¹H resonances.

¹³C-¹H CORRELATIONS.—Preliminary assignments of CH, CH₂, Me, and quaternary carbon resonances were made in the ¹³C DEPT (13) and APT (14) experiments. Comparison of the observed chemical shifts with those reported for model compounds (7–12) and with calculated values enabled identification of the resonances of carbon atoms in unique environments. Thus, the olefinic methine carbon resonance at 122.2 ppm and quaternary carbon resonances at 143.8, 39.7, and 30.6 ppm could be assigned to C-12, C-13, C-8, and C-20, respectively (Table 1). The ¹³C-¹H COSY-90 spectrum (15, 16) of **2** (Figure 1) allows complete correlation of the protonated carbon resonances with the ¹H spectrum. While ¹H-¹H coupling data cannot be extracted with confidence from this type of spectrum, the resolution of the higher frequency components of the H-1 and H-7 methylene signals as apparent triplets (J = ca. 11 Hz) allows these to be assigned to axial hydrogens.

¹H-¹H-CONNECTIVITIES.—Analysis of the complex overlapping proton signals in the 0.8–2.1 ppm region of the proton spectrum was carried out using ¹H-¹H COSY (Figure 2). The assignment of C-ring protons, for example, was evident from cross



FIGURE 1. Part of the ¹H-¹³C COSY-90 spectrum of 2.

Position	Chemical Shifts ^a		Position	Chemical Shifts	
	¹³ C	ΙΗΡ		¹³ C	۱H
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	38.4 25.6 76.6 42.1 ^c 55.9 18.5 33.1 39.7 47.7 37.4 ^d 23.6 122.2 143.8 42.8 ^c 28.0	0.96 eq, 1.65 ax 0.98 eq, 1.72 ax 3.42 0.83 1.30 eq, 1.60 ax 1.32 eq, 1.46 ax 1.50 1.83 eq, 1.83 ax 5.22 1.16 eq, 1.72 ax	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	27.5 36.7 ^d 44.8 46.2 30.6 41.5 80.9 22.5 64.5 16.20 16.17 25.5 28.2 32.9 20.9	1.65 eq, 1.80 ax 2.08 0.99 eq, 1.69 ax 1.42 eq, 1.42 ax 3.42 1.22 3.40, 4.20 0.87 0.92 1.08 1.01 0.88 0.84

TABLE 1. ¹³C and ¹H Assignments for Soyasapenol B [2].

^aPpm relative to TMS.

^{b1}H chemical shifts assigned on the basis of ¹³C-¹H COSY-90 and ¹H-¹H COSY-45 experiments.

^{c,d}Assignments with the same superscript may be interchanged.



FIGURE 2. The 0.6–2.1 ppm region of the ¹H-¹H COSY-45 spectrum of **2** in CDCl₃. Representative cross peaks described in the text are indicated (300 MHz, spectral width 1463 Hz in F_1 and F_2 , data set 512 points in both dimensions, dimension of transformation 1000 × 1000 Hz).

peaks corresponding to H-12 coupling to the CH_2 -11 multiplet at 1.82 ppm which is also strongly coupled to the CH-9 resonance at 1.50 ppm. Ambiguities in the assignments of the C-6/C-7 and C-15/C-16 methylene protons could be resolved by observation of couplings between the H-7 axial proton and the Me-26 and between H-15ax and the Me-27.

While the resonances of the seven methyl groups in the molecule are well resolved in the ¹H nmr, their assignment on the basis of chemical shifts is suspect. Solvent and lanthanide shift effects have been exploited (10,17) to differentiate methyl groups in triterpenoids, but their application to polyfunctional molecules is fraught with difficulties in interpretation of results. The identification of through-space interactions provides a firmer basis for assignment. The 500 MHz ¹H-¹H ROESY-45 spectrum (18) of **2** showed cross peaks corresponding to the through-space interactions shown in Figure 3, enabling the methyl shift assignments shown in Table 1 to be made. Of particular note are the nOe's resulting from proximity of the Me-23, H-2ax, and Me-25 to the C-24 hydroxymethyl protons which show the axial configuration of the hydroxymethyl group at C-4.



FIGURE 3. Transannular and interannular nOe interactions in the ROESY-45 spectrum of **2**.

The combination of H-3ax/Me-23 and 24-CH₂OH/Me-25 nOe's, which can also be observed in single dimension difference nOe spectra at lower fields, may provide a use-ful tool for routine assignment of C-4 stereochemistry in this type of molecule. In contrast, difference nOe spectra of hederagenin [6], which possesses the opposite configuration at C-4, exhibit H-3ax/23-CH₂OH and Me-24/Me-25 interactions (data not shown).

The data presented here demonstrate unambiguously that the olean-12-ene triterpenoid aglycone of several soyasaponins present in alfalfa seed is oxygenated on the C-24 carbon atom and is therefore soyasapogenol B; other saponins present from the same source contain aglycones with a C-23 oxygenated function. The biosynthetic origins of these complementary triterpenoids have yet to be fully elucidated, and the importance of oxygenation at C-23 or C-24 for anti-nutritional and plant protection properties has yet to be determined.

EXPERIMENTAL

PLANT MATERIAL AND ISOLATION.—Saponins were isolated from milled alfalfa and pea seeds as described previously (4). Each flour (100 g) was extracted with $H_2O(300 \text{ ml})$ at room temperature using an Ultra Turrax blender. The supernatant was subjected to sequential elution through a reversed-phase silica (C₁₈) column with H_2O and MeOH. The MeOH eluate was evaporated under reduced pressure, and the residue (100 mg) was hydrolyzed with anhydrous methanolic HCl. The products were extracted into EtOAc, which was then removed under reduced pressure. The sapogenol mixture so obtained was chromatographed on a Si gel column with CHCl₃, and fractions containing soyasapogenol B were bulked and purified using preparative tlc to give crystalline soyasapogenol B [2]. Its identity was confirmed by comparison (nmr, ms) with authentic [2] isolated from soya flour (4).

GENERAL.—¹³C DEPT (6) and APT (7) experiments were carried out on a Varian VXR-600 spectrometer. COSY and ROESY experiments were carried out on Varian VXR-300 and VXR-500 spectrometers, respectively. For the ROESY-45 experiment the spectral width was 3800 Hz in F_1 and F_2 , the data set 2048 × 400 points, and the mixing time 200 msec. The spectrum was recorded in the absorption mode. Difference nOe experiments were carried out on a Bruker WM-360 spectrometer. All spectra were recorded in CDCl₃.

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